

Wade and Matt's

TOTAL 90-DAY

GI

RESET

biOptimizersTM

Optimizing Humans Since 2004





Our mission is to discover, present, and share supplement products and health strategies backed by cutting-edge research that leads to a happier, healthier, and more fulfilling lifestyle.

We create products to empower our customers to achieve an optimal state of well-being in the body, mind, and soul, which we holistically define as BiOptimization.

We've served more than 50,000 customers over 15 years of business, helping people find natural solutions for difficult digestive problems.



MassZymes: The Most Potent Enzymes

MassZymes is a blend of 17 enzymes and each capsule contains 100,000 HUTs of protease. It is the most powerful protein-digesting enzyme on the market.



P3-OM: The “Navy Seals” of Probiotics

P3-OM is formulated by a patented process shown to dramatically enhance *L. Plantarum*'s abilities, resulting in a stronger strain that may be the most powerful protein-digesting probiotic ever developed.



HCL Breakthrough: Fight Acid Reflux and Win

Did you know that acid reflux and GERD happen because there is NOT enough acid? The excess gas pushes the valve open and stomach acids rise to your esophagus. HCL Breakthrough gives your stomach the hydrochloric acid it needs.



Gluten Guardian: Eat Gluten and Get Away With It

Gluten Guardian is specifically designed to support digestive issues relating to foods containing gluten or casein. The potent DPP-IV helps break down gluten and dairy into usable amino acids.



Primergen: Highly-Absorbable Liquid Vitamins and Minerals

Our liquid vitamins and minerals formulated in a fulvic acid delivery system to improve metabolism, regulate hormone function, reduce food cravings, boost energy, and much more.



Herbal Power Flush: Make Your #2 Feel Like A #1

A precise blend of tree, plant and herb extracts, plus digestive enzymes, designed to provide effective relief for constipation and help promote bowel movements.



Herbal Parasite Guardian: No Parasites - No Problem

Herbal Parasite Guardian is a precise blend of 13 natural plant and herbal ingredients, plus 5 digestive enzymes, designed to help eliminate and expel parasites, fungal infections, bacteria and viruses from the body.



kApex: Optimize Ketogenesis

kApex enhances all aspects of ketogenesis by improving digestion of fats, fat utilization, and fat mobilization. You'll feel a new peak of smooth, constant energy as well as the best digestion ever on a keto diet.



Magnesium Breakthrough: All 7 Forms of Magnesium

Our full spectrum magnesium is a combination of all 7 major forms in a humic/fulvic monoatomic blend specially formulated to reach every cell in your body. To our knowledge - it's the most complete magnesium supplement blend available.



NEW! CogniBiotics: Enhance Your Mind and Mood!

CogniBiotics is a blend of special herbs and probiotics that have been shown in studies to improve mood and brain function. The purpose of this formulation is to maximize happiness, bliss, brain function, and mood by naturally producing serotonin, GABA, oxytocin, and endorphins.



NEW! Leaky Gut Guardian: The Ultimate Leaky Gut Solution

Reduce intestinal permeability, enhance immunity response, eliminate gas and bloating, improve digestion and elimination, increase nutrient absorption, raise your energy levels, and speed up metabolism with Leaky Gut solutions. Available in vanilla and chocolate.

The BiOptimizers Promise: Your happiness is important to us, and we proudly stand behind our products. If for any reason you aren't thrilled with your purchase, contact us at 1-800-719-2467 or support@bioptimizers.com and we'll make it a priority to make things right.



Clean, Rebuild, And Optimize Your Intestinal Gut Health

Below you'll find our 90-Day Gut Reset outlined. This timeline shows how many capsules to take each day and how to space them throughout your day. It will give you a great idea of how to make the best use of our products when they arrive.

Let's begin!

SUGGESTIONS:

- Drink 3-6 liters of filtered water each day. Ionized or spring water is best.
- Aim to avoid or minimize the following: dairy, gluten, fried foods, and sugar.

MONTH 1

Upon Awakening

Week 1 and 2

- Take 2-4 Herbal Power Flush capsules on an empty stomach upon rising.
- 1 hour later: take 1 scoop of Leaky Gut Guardian and mix it with either water or your favorite protein shake. This will help rebuild your biofilm (the lining of your gut wall).

Week 3 and 4

- Switch Herbal Power Flush to 6 capsules of Herbal Parasite Guardian upon awakening.
- 1 hour later: take 1 scoop of Leaky Gut Guardian and mix it with either water or your favorite protein shake. This will help rebuild your biofilm (the lining of your gut wall).

ON A DAILY BASIS:

Breakfast

- Take 3-5 MassZymes capsules + 2 P3-OM capsules a few minutes before your meal.
- Take 2 HCL Breakthrough capsules after your meal.

Lunch

- Take 3-5 MassZymes capsules + 2 P3-OM capsules a few minutes before your meal.
- Take 2 HCL Breakthrough capsules after your meal.

Dinner

- Take 3-5 MassZymes capsules + 2 P3-OM capsules a few minutes before your meal.
- Take 2 HCL Breakthrough capsules after your meal.

Before Bed

- Take 6 P3-OM capsules before bed.





Clean, Rebuild, And Optimize Your Intestinal Gut Health

MONTH 2

Upon Awakening

Week 5

- Take 2 Herbal Power Flush capsules on an empty stomach upon rising.
- 1 hour later: take 1 scoop of Leaky Gut Guardian and mix it with either water or your favorite protein shake. This will help rebuild your biofilm (the lining of your gut wall).

Week 6 to 8

- Switch Herbal Power Flush to 3 capsules of Herbal Parasite Guardian.
- 1 hour later: take 1 scoop of Leaky Gut Guardian and mix it with either water or your favorite protein shake. This will help rebuild your biofilm (the lining of your gut wall).

ON A DAILY BASIS:

Breakfast

- Take 3-5 MassZymes capsules + 2 P3-OM capsules a few minutes before your meal.
- Take 2 HCL Breakthrough capsules after your meal.

Lunch

- Take 3-5 MassZymes capsules + 2 P3-OM capsules a few minutes before your meal.
- Take 2 HCL Breakthrough capsules after your meal.

Dinner

- Take 3-5 MassZymes capsules + 2 P3-OM capsules a few minutes before your meal.
- Take 2 HCL Breakthrough capsules after your meal.

Before Bed

- Take 10 P3-OM capsules before bed.





Clean, Rebuild, And Optimize Your Intestinal Gut Health

MONTH 3

Upon Awakening

- Take 2 capsules of Herbal Parasite Guardian on an empty stomach every morning.
- 1 hour later: take 1 scoop of Leaky Gut Guardian and mix it with either water or your favorite protein shake. This will help rebuild your biofilm (the lining of your gut wall).

Breakfast

- Take 3-5 MassZymes capsules + 2 P3-OM capsules a few minutes before your meal.
- Take 2 HCL Breakthrough capsules after your meal.

Lunch

- Take 3-5 MassZymes capsules + 2 P3-OM capsules a few minutes before your meal.
- Take 2 HCL Breakthrough capsules after your meal.

Dinner

- Take 3-5 MassZymes capsules + 2 P3-OM capsules a few minutes before your meal.
- Take 2 HCL Breakthrough capsules after your meal.

Before Bed

- Take 6 P3-OM capsules before bed.

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To your awesome health,

Wade T. Lightheart and Matt Gallant

BiOptimizers

